

GUIDANCE AND COUNSELING OFFERS...

CLASSROOM GUIDANCE ACTIVITIES

Classroom guidance activities/sessions are offered for students within their classroom setting. Examples of topics for these developmental guidance sessions include: understanding self and others; communication skills; relational and social skills, anger management; coping with conflict career awareness, tobacco/alcohol/drug prevention, stranger/internet safety and accepting differences (multiculturalism).

SMALL GROUP COUNSELING

The counselor works with small groups of students to develop competencies in certain areas such as school adjustment, study skills, anger management and improving peer relations. Specific groups are formed to address a certain area such as divorce, self-concept and new student orientation.

INDIVIDUAL COUNSELING

Help is given in developing more positive attitudes and behaviors. Reaching potential, getting along with others and coping with difficulties that may interfere with school success are among common topics of counseling. Counseling helps students assume responsibility for goal setting, decision making and development of problem solving skills.

PARENT CONFERENCES

Parents are encouraged to call the counselor about student or school concerns. The counselor is also available during the regularly scheduled parent-teacher conference times.

CONSULTATION

Consultation among counselor/teacher/parents is the norm for initiating dialogue and continuing follow through about students' needs, concerns and progress.